# Bridge the Gap Scholarship Application

ACADEMIC YEAR 2024-2025





#### **OUR MISSION**

The Quell Foundation strives to reduce the number of suicides, overdoses, and the incarceration of people with a mental illness. We work to accomplish this by encouraging people to share their stories, increasing access to mental health services, providing a pipeline of future mental health care professionals with scholarships, and training first responders to recognize mental health crisis warning signs amongst their own.

There's a severe stigma associated with mental health challenges that prevents those closest to us from getting the help they need. By promoting open, judgment-free dialogue, together we can shatter the stigma and normalize the conversation around mental health.

## THE AWARD

The Quell Foundation Bridge the Gap Scholarship is awarded to third or fourth-year undergraduate students or graduate students pursuing a degree in psychology, social work or other fields of study related to the provision of mental health services. The award was established as a means of fulfilling The Quell Foundation's mission: to increase the talent pipeline through scholarship awards to students entering the mental healthcare profession, to expand the delivery of needed mental health care services, and promote reformation to extend the scope of clinical and behavioral health professional services.

This important recognition is accompanied with:

- A one-year distribution of a \$2,500 \$5,000 scholarship.
- Opportunity to participate in the Foundation's awareness events/activities.

#### **PLEASE NOTE**

Application window: March 1, 2024 - March 15, 2024 (11:59pm, PST)

Early or late submissions will not be reviewed.



### **ELIGIBILITY REQUIREMENTS**

The Quell Foundation Bridge the Gap Scholarship is a one-time, merit and financial need-based award. Awards will be made to those students who demonstrate a high level of scholarship and/or a history of employment and training that reflects a commitment to work and shared mission.

To be eligible, you must meet the following criteria:

- Student must be pursuing a degree in the mental health care field which leads to licensure to treat clients.
- Student must be accepted and enrolled in an accredited College or University.
- Student must be a 3rd or 4th year undergraduate student, or, a graduate student.
- Student must be matriculated and maintain full-time enrollment in an undergraduate/graduate program.
- Student must obtain a passing grade in all classes.
- Students must have a minimum GPA of 3.80
- Award must be applied to degree granting institution within academic year 2024-2025.
- Student will be encouraged to help facilitate showing of the Foundation's *Portraits of Life with Mental Illness* documentary on their college campus and participate in community awareness events/activities.
- Award recipient must adhere to all behavioral, professional, and ethical guidelines set forth by the educational institution.
- Award recipient must demonstrate an understanding and commitment to The Quell Foundation's Mission.
- Following preliminary award notification, recipients must submit a headshot and thank you video clip, which the Foundation will share with our generous donors and via media platforms.
- Student must submit scholarship check to college/university. All checks must be deposited by October 4, 2024.

# BRIDGE THE GAP SCHOLARSHIP APPLICATION FORM

- Complete all sections of the application form (Page 4) in its entirety.
- Provide electronic copy of your most recent college /university unofficial transcript.
- Write a personal statement describing your reasons for pursuing a degree. This essay should be approximately 500
  words and should include information regarding your career goals, interests and work experiences (paid or volunteer), as
  well as any additional information that provides some insight about your commitment to furthering wellness for yourself
  and others. Please note: All Essays must include Name and Scholarship being applied for in the header of the document
  (to appear on every page).
- Submit a copy of your Form 1040, Student Aid Report, or Tax Return (most recent, not older than 2022)
  - O If student is independent: Include individual Form 1040.
  - O If student is dependent: Include household Form 1040.
- Obtain 2 letters of recommendation (i.e. from a professor, coach, counselor, manager)
- All component parts of a scholarship application must be submitted together in a single email, with the exception of the 2 Letters of Recommendation which must be sent by the person writing the recommendation. All component parts of an application must be received within the open application period, March 1, 2024 - March 15, 2024 (11:59pm, PST)

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# Bridge the Gap Scholarship Application

**FULL NAME PRONOUNS** MAILING ADDRESS, LINE 1\* MAILING ADDRESS, LINE 2 (ie. Apt, Unit)\* CITY STATE ZIP CODE EMAIL (PERSONAL) PHONE (PERSONAL) HIGH SCHOOL STUDENT I.D. \*\* UNIVERSITY / COLLEGE (PLEASE USE FULL NAME) STATE INTERNSHIP / PRACTICUM SITE \*\* MAJOR / DEGREE PROGRAM **CREDITS EARNED TO DATE** STUDENT STATUS: YEAR OF STUDY (IN 2024 - 2025 ACADEMIC YEAR) GPA (MUST MATCH ATTACHED TRANSCRIPT) PROJECTED GRADUATION DATE (MM/YY) **EMPLOYER EMPLOYMENT STATUS:** PLEASE COMPLETE IF YOU ARE UNDER THE AGE OF !8: PARENT / GUARDIAN PHONE (IF UNDER 18) PARENT / GUARDIAN NAME (1) (IF UNDER 18) ALL APPLICANTS PLEASE COMPLETE: PARENT / GUARDIAN HIGHEST LEVEL OF EDUCATION COMPLETED

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 $<sup>^{\</sup>star}$  If awarded the scholarship, your check will be mailed here. This should be a permanent, accessible address.

<sup>\*\*</sup> Please provide as available.



#### APPLICATION CHECKLIST

Only completed applications with required attachments will be considered.

PLEASE NOTE: Early or late submissions will not be reviewed. Essay must include Name and Scholarship being applied for in the document header (to appear on every page).

Be sure to include the following with your application:

- Application form (Page 4)
- Electronic copy of your most recent college /university unofficial transcript.
- Personal statement, approximately 500 words
- A copy of your Form 1040, Student Aid Report, or Tax Return (most recent, not older than 2022)
- 2 letters of recommendation (i.e. from a professor, coach, counselor, manager), to be sent by the person
  writing the recommendation. All component parts of an application must be received within the open
  application period, March 1, 2024 March 15, 2024 (11:59pm, PST)

#### SUBMISSION INSTRUCTIONS

- Application period for this award will begin on March 1, 2024.
- Submit applications electronically no later than March 15, 2024, 11:59pm PST.
- All early and late applications will be disqualified. No exceptions. This includes letters of recommendation.
- Please send all materials as one package (with the exception of the letters of recommendation) to: scholarships@thequellfoundation.org.
- Materials should be saved in the following way please:
  - O Application: Last Name. First Initial BTG Application (Ex: Abbott. E BTG Application)
  - O Transcript: Last Name. First Initial Transcript (Ex. Abbott. E Transcript)
  - O Personal Statement: Last Name. First Initial Personal Statement (Ex. Abbott. E Personal Statement)
  - O Letters of Recommendation: Last Name. First Initial Letter of Rec (Ex. Abbott. E Letter of Rec)
- Subject line for emailed applications (coming from student) <u>AND</u> recommendations (coming from writer) should read as follow, please:
  - O Last Name. First Initial Application Materials (Ex. Abbott. E Application Materials).
- All letters of recommendation must be emailed to scholarships@thequellfoundation.org with the email subject line (Last Name. First Initial Application Materials) between March 1, 2024 and March 15, 2024 at 11:59pm PST. Applicants are encouraged to forward these instructions.
- Please contact scholarships@thequellfoundation.org
   with questions and concerns.

# PLEASE NOTE

Application window: March 1, 2024 - March 15, 2024 (11:59pm, PST)

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